# Frequently Asked Questions

# Where will the study check-ins take place?

Three study check-ins will take place at the participant's home, and one will take place at the Brigham and Women's Hospital main campus in Boston, Massachusetts.

#### How will I receive my benefits?

Call 617-299-9754 to have access to lactation support from certified study staff through the first year of your infant's life. You will also receive a nursing pillow upon completion of check-in 2 and a \$25 gift card upon completion of check-in 4.

#### Other questions or concerns?

Please reach out to us if you have any other questions! We are happy to help!

For more information regarding the study, please call or email the study coordinator.

**PHONE**: 617-299-9754

EMAIL: LAMMBS@bwh.harvard.edu

### The LAMMBS Team



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## Late Antenatal Maternal Metabolism & Babies' Sugars

Thank you for taking the time to learn about the Late Antenatal Maternal Metabolism & Babies' Sugars (LAMMBS) Study during this exciting time in your life!



### **About LAMMBS**

Low blood sugar is a common condition of the newborn that is easily treated with a combination of feeding and sugar. If left untreated, low blood sugar could impair long-term development and learning.

Currently, infants are screened for low blood sugar only if their mother has an established risk factor, such as diabetes. Some studies have suggested that infants born to mothers without established risk factors may still have low blood sugar that goes undetected and may be at risk of later life effects.

This study will help determine other potential risk factors for infant low blood sugar and also examine the role low blood sugar plays in child development.



### Study Timeline

#### At-home

30-36 Weeks Gestation Mother: questionnaires, blood draw

# At the Brigham & Women's Hospital

After Delivery
Infant: CGM placement,
NIRS placement, body
composition analysis,
infant behavior testing

#### At-home

6 Months Postpartum Mother: questionnaires

#### At-home

1 Year Postpartum

Mother: questionnaires

For more information, email LAMMBS@bwh.harvard.edu or call 617-299-9754 to speak with the study coordinator.

### Benefits of LAMMBS

If you participate in this study, you will...

- Have access to lactation support from certified study staff through the first year of your infant's life
- Receive \$25 for completion of the entire study
- Receive a free nursing pillow

Your participation in this study could help identify additional risk factors for infant low blood sugar and improve the health of generations of mothers and infants to come!

### Interested?

You may be a good fit for this study if you...

- Are more than 30 weeks of gestation
- Are having a singleton pregnancy
- Were overweight prior to your pregnancy
- Are having an otherwise healthy pregnancy without complications
- Are willing to commit to a study lasting longer than 1 year

Participation in our research study is purely voluntary. If you choose not to enroll, it will not affect your or your baby's medical care.